

Wellness Policy Progress and Compliance Checklist

Nutrition Education

- Nutrition Education is incorporated within the school day.

Examples:

- State and district health and nutrition education curriculum standards and guidelines are being met.

If the answer is no, what standard is not being met?

Physical Activity

- State and district physical education curriculum standards and guidelines are being met.

If the answer is no, what standard is not being met?

- The students have physical activity opportunities, including recesses and sports.

- Fundraisers support healthy eating and physical activity.

Please provide fundraiser examples below:

Nutrition Standards

- Vending machines are not accessible to students in grades PK – 6.

If they are accessible, please designate the locations by building.

- Vending machine access and content complies with the federal and state competitive foods rules.

Please list the locations where there is non-compliance.

- 60 % of the vending machine content complies with the Colorado State statute definition of healthful food choices.

- Recess is scheduled before lunch to support improvements in the student's eating habits.

Please list the number of schools practicing this structure.

- Students have a clean, safe and enjoyable eating environment.

- There is adequate eating space for the number of students in the school cafeteria.

Please list locations and pertinent information for any locations where this goal is not being met.

- Students have an adequate amount of time to consume their meals.

Please list locations and pertinent information for any locations where this goal is not being met.

The _____ facility:

- is in compliance with the District Wellness Policy.

OR

- is not in compliance with the District Wellness Policy and is making the following changes:

Chief Operations Officer

Date: _____

Print Name: