

Mapleton Public Schools – Head Start, Toddlers & Tuition

~ January 2012 ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4 Bagel w/Cream Ch Grilled Cheese & Soup, Cucumber Slices, & Strawberries Granola Bar	5 Breakfast Burrito Chili w/Cinnamon roll Tossed Salad and Watermelon Wedge Ants on a Log (Celery w/raisins & sunbutter)	6 Pancakes & Ham Teriyaki Bowl, Peas and Peaches Graham Crackers
9 Yogurt & Grahams Pizza, Green Beans and Pears String Cheese & Peaches	10 Southwest Egg Bake Tacos, Corn, and Spiced Apple slices Meatballs	11 Muffin & Cheese Penne Pasta Bake, Roll, Broccoli and Pears Cheesy Bread w/Marinara	12 Ham & Cheese Bisc. Cheese Ques. w/Pinto's Corn & Orange Sections Bagel-Ful	13 Power Breakfast Mac & Cheese, Peas and Watermelon Fresh Banana's
16 NO SCHOOL Martin Luther King Holiday	17 Pancakes w/Strawberry Topping Cheese Burger, Mixed Veggies and Pears Ravioli	18 Bagel w/Cream Ch Rice Bowl w/Egg Roll, and Pineapple Tidbits Fruit Mix	19 Yogurt & Grahams Chix Enchilada, Salad, Mixed Fruit Cottage Cheese & Fruit	20 Scrambled Eggs & Sausage Fish Patty Sandwich, Green Beans & Apples Deviled Egg & Cracker
23 Biscuits & Sausage Gravy Spaghetti & Meat Balls, Salad and Applesauce Strawberry Cups	24 Breakfast Egg Sand. Chix Fajitas w/Tossed Salad, and Mandarin Oranges Applesauce	25 Ham & Cheese Biscuit Pork Roast, Herb Potatoes, Salad, Watermelon Refried Beans w/Cheese	26 Waffle Sticks French Dip Sandwich, Mixed Veggies Orange Sections Cornbread & Pears	27 Eggs & Ham Beef and Bean Burrito, Tossed Salad, Apricots Rice w/Raisins
30 Yogurt & Grahams Roasted Chicken w/ Potatoes & Gravy, Green Beans and Applesauce Baked Potato w/Cheese	31 Cereal & Toast Italian Sub, Carrot Coins, Mixed Fruit Yogurt & Apples Slices			

**Cereal w/Toast, Juice and/or Fruit, offered daily at Breakfast.
Milk offered daily at all meals.**

